

Scoring key Parenting Stress Questionnaire

Parent-child relationship problems (Pcr)	Parenting problems (Par)	Depressive Mood (Dep)	Parental role restriction (Rol)	Physical health problems (Phy)	Total score
<u>1</u> 5-...=	<u>2</u> 5-...=	<u>3</u> 5-...=	4	27	Pcr
<u>5</u> 5-...=	<u>6</u> 5-...=	<u>7</u> 5-...=	8	28	Par
<u>9</u> 5-...=	<u>10</u> 5-...=	11	12	29	Dep
<u>13</u> 5-...=	<u>14</u> 5-...=	<u>15</u> 5-...=	16	30	Rol
<u>17</u> 5-...=	<u>18</u> 5-...=	19	20	31	Phy
<u>21</u> 5-...=	<u>22</u> 5-...=	23	24	32	
	<u>25</u> 5-...=	<u>26</u> 5-...=		33	
				34	
Total	Total	Total	Total	Total	Total of scales

Additional scoring instructions!
 Underlined items are reverse scored (1=5; 2=4; 4=2; 5=1). When computing scale scores, 1 missing item per scale is allowed. Missing item scores are then substituted by the mean item score of the other items of the scale. If more than one item is missing, the scale score may not be computed. When computing the Total score, a maximum of five missing items across scales is allowed, provided no more than half of the items are missing on a scale. Note that scale scores cannot be valid interpreted when more than one scale is missing.